

This scene, I want...!

My name is _____

Circle things you know you might want.

playing with _____

Cross-out things you know you don't want (hard/soft limits for this scene).

I want to feel...	Serious	Dominant	Masochistic	Cathartic	Beautiful
	Playful	Submissive	Sadistic	Overwhelmed	Degraded
	Erotic	Platonic	Energetic	Peaceful	

There are no right or wrong answers. This sheet only starts the conversation.

Answer honestly, then talk to your play partner.

You should know about my...	Partners:	Triggers:	Injuries / Conditions:	Allergies:
Safewords	Plain Language	Red/Yellow/Green Stoplight System	"Safeword"	Non-Verbal (Discuss) "_____"
Marks	None	For Today	For the Week	For the Year Forever
Aftercare	0-5 minutes Water	5-15 mins Snack	15-60 mins Cuddling	Check in Tomorrow Conversation Let Me Be Socialize

This is what you want, but you don't always get what you want. That's okay.

Be cautious of trying new things with new partners.

I want to ... and I want...	Top	Bottom	Switch
Impact Play	Stingy Thuddy	Heavy Light	Flogging Canes Whips Paddles Spanking
Bondage	Rope Leather/Cuffs Mental	Restrictive Decorative Cages	Suspension Floor Bondage Box Tie / TK Collar/Lead Blindfolds Hoods Gags
Sensation and Psychological Play	Tickling Pressure Points Mind Fucks	Hair Pulling Playing with Hair Human Furniture	Scratching Electricity Exhibitionism Biting Licking Edge Play Nipples Sensory Deprivation

Don't feel bad about changing your mind after talking to your partner, but negotiate before you start to play.

It is safer to remove activities during a scene than to add play you didn't agree to beforehand.

Intimacy and Sex	Cuddling	Groping	Dirty Talk
	Kissing	Open Mouth Kissing	Orgasms
	Fluid Exchange	Hands on Genitals	Giving Oral Sex
	Masturbation	Condoms / Dental Dams	Receiving Oral Sex
Penetration	Anything else?		
Fingers	Oral		
Penis	Vaginal		
Toys	Anal		

Don't touch me...

